



"The Mission"

Respond to each statement by checking "agree" or "disagree." Be prepared to justify your responses.

	Agree	Disagree
1. The most rewarding experiences come from doing things you're at least a little afraid to try.		
2. Confidence is contagious.		
3. Social media can be bad for your emotional well-being.		
4. Having someone else believe in you can help you believe in yourself.		
5. The best way to gain self-confidence is to do what you are afraid to do.		
6. Growing up is full of awkward and uncomfortable moments.		
7. It's better to try and fail than to not try at all.		
8. Avoiding your problems is easier than confronting them.		
9. We can learn a lot from people who have very different personalities from us.		
10. "Why not go out on a limb? That's where the fruit is." —Mark Twain		